Monday		Tuesday		Wednesday		Thursday	Friday	Saturday / Sunday	Announcements
							1	<u>s</u>	eptember 2023 Waretown Older Adult Calendar of Activities
									Waretown Community Café - Congregate Meal Schedule
								Eng	el Sprague Senior Center - 239 11th St Waretown
									S Barnegat)
									tact person: Jeanne Broadbent 609-548-6319
									nil recreation@twpoceannj.gov
								Web	osite: www.twpoceannj.gov
									Funded in part by a grant from the Ocean County Board of Commissioners
							RSVP by 10am for MONDAYS		Board of Continussioners
	5		-		7		Congregate meal		
4	5	020 1	6		1	9:30am Jazzercise	8		Congregate Meals served every Monday & Wednesday Please arrive by 11:45pm
LABOR DAY -OFFICES CLOSED		930am Jazzercise 11am Sit n Be Fit		l lam Sit n Be Fit		9:30am jazzercise		Vou n	nust RSVP your intent to attend by 10am the day before
HABOR DAT -OTTICES CHOSED		12 BINGO & Pizza		Trait bit it be Tit				Touri	must kovr your intent to attend by Toatit the day before
		w Seaview Ortho		12pm Congregate Meal				FRID	AY for Monday / TUESDAY for Wednesday
								12pm	Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend
NO MEALS OR PROGRAMS TODAY		12 Lunch provided by Fulfill		\$2donation requested				meal	s on Monday's - no same day drop ins accepted
		12nm Mahlong		1220 G C RINGO w/ Holp Blood				\$2 De	onation suggested.
	-	12pm MahJong 10am Must let Jeanne know if you want	1	1230 G.C. BINGO w/ HelpAlert					
		a meal tomorrow		lpm Cards			RSVP by 10am for MONDAYS	RSVP call Ie	by Email recreation@twpoceannj.gov eanne 609-548-6319
		a mear tomorrow		ipin Carus			Congregate meal	can je	Salate 000-040-0010
11	12		13		14	1	15		Fulfill of Monmouth Ocean Boxed Lunched served at 12pm
		930am Jazzercise				9:30am Jazzercise	10	You n	nust RSVP your intent to attend by 10am on Monday
llam Sit n Be Fit		l lam Sit n Be Fit		l lam Sit n Be Fit		,			ame day meal drop ins accepted
		12pm GC BINGO & LUNCH							
12 pm Congregate Meal		w/ TALLWOODS		12pm Congregate Meal					
\$2donation requested		12pm Lunch provided by Fulfill		\$2donation requested				RSVP	by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319
1230 GC BINGO with Beacon of Life 1pm DOMINOES / MEXICAN TRAIN		12pm MahJong WEBINAK - Disaster Preparedness for the Whole Community 1pm-		1230 G.C. BINGO HEALTH VILLAGE IMAGING/Briell Ortho			RSVP by 10am for MONDAYS Congregate meal	3rd I	Monday of each month Fulfill brings its' MOBILE D PANTRY to the center 12-1 pm
10am Must let Jeanne know if you want		10am Must let Jeanne know if you want							
a meal tomorrow		a meal tomorrow							
18 Senior Advisory Meeting 10:30am	19		20		21		22 BUS TRIP TO SEE:		SEPTEMBER SPEAKER'S
Speaker -BRAVEN HEALTH	19	9:30am Jazzercise	40		21	9:30am Jazzercise	METS V PHILLIES \$81pp	9-18 9	SENIOR ADVISORY MEETING 10:30am BRAVEN HEALTH
11am Sit n Be Fit in Front Room		1 lam Sit n Be Fit		l lam Sit n Be Fit		J.Julii Jazzeicise	WILLS VIHIBILS SOIPP	3-101	SERIOR ID VIDORI MELLINO 10.50am BRIVEN HEMELI
		12pm Pizza & BINGO							
FULFILL - MOBILE FOOD PANTRY 12-1PM		w/ Barnegat Rehab		12pm Congregate Meal			For tickets call Jeanne at	9-25]	Jennifer Collins, Nutritionist (MOW) 1230pm
12 pm Congregate Meal		12 Lunch provided by Fulfill		\$2donation requested			609-548-6319	2nd N	Mon - Beacon of Life - PACE
\$2donation requested		12pm MahJong		1230 G.C. BINGO SEACREST					- Wed Brielle Ortho
1pm DOMINOES / MEXICAN TRAIN				1pm Cards				3rd -	Wed Seacrest Village
10am Must let Jeanne know if you want a meal tomorrow		10am Must let Jeanne know if you want a meal tomorrow						4th W	Ved - Executive Care
25	26		27		28		29		
		930am Jazzercise				9:30am Jazzercise			
llam Sit n Be Fit		11am Sit n Be Fit		llam Sit n Be Fit					ATTENTION:
		12 BINGO & Pizza					TOWNSHIP OF OCEAN MUNICIPAL		
12 pm Congregate Meal		w Complete Care		12 pm Congregate Meal			ALLIANCE	THE	RESA BROWN IS OUT UNTIL OCTOBER
\$2donation requested		12 Lunch provided by Fulfill		\$2donation requested			it doesn't get more local	NO :	Zumba, Toning, Dance Party , Forever Young
12 Nutritionist Jennifer Collins		12pm MahJong		1230 GC BINGO with Executive Care					
1pm DOMINOES / MEXICAN TRAIN				1pm Cards					
10am Must let Jeanne know if you want		10am Must let Jeanne know if you want					Alliance to Prevent Alcoholism and Drug Abuse crossing fleatily Asufe communities		
a meal tomorrow		a meal tomorrow					Funded in part by a grant from GCLDL		
	1							1	